

Health Promotion Leaflets and Posters

This guide will help you to order leaflets and provides details of leaflets which are available and how to order them.

NHS printed leaflets and resources: <http://content.digital.nhs.uk/article/2843/NHS-printed-leaflets-and-resources>

A limited range of printed leaflets and resource materials about our [systems](#) are available for local NHS organisations to order via the [Department of Health's Publications Orderline](#). You will need to [register for the Orderline](#) before you can proceed with your order.

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Summary Care Record Public Information Programme (SCR PIP) materials are located separately on the ordering system within the "Summary Care Records" section.

Please note that we do not offer our official statistical publications and reports in printed formats. These can be downloaded from [data catalogue](#).

If you need help using the ordering system or locating a product, please telephone 0300 123 1002

[Accident Prevention](#)

[Alcohol](#)

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[General Health \(Adults\)](#)

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[Older People](#)

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[Women's Health](#)

Accident Prevention

Child and Teen Road Safety Leaflets and Posters

Department of Transport – free to order <https://public.shop.dft.gov.uk/catalogue/child-and-teen-road-safety>

To order you will need to register with the Department of Transport - <https://public.shop.dft.gov.uk/register>

Child Accident Prevention Trust

Leaflets and Posters Available to purchase <https://www.capt.org.uk/pages/shop/department/leaflets-and-flyers>

[5-7s - top safety tips](#)

[7-11s - top safety tips](#)

[Babies - top safety tips](#)

[Finger food without the fear](#)

[How safe am I from a serious fall?](#)

[How safe am I from bath water scalds?](#)

[How safe am I from burns at home?](#)

[How safe am I from poisoning?](#)

[How safe am I from poisonous gas?](#)

[How safe are your child's toys?](#)

Alcohol

Drink aware <https://resources.drinkaware.co.uk/downloads> offer free downloads if you register at <https://resources.drinkaware.co.uk/index.php?route=account/create>

[Talking to your kids about alcohol](#)

[Risks associated with underage drinking](#)

[Facts about alcohol leaflet](#)

[Risks associated with underage drinking - Welsh version](#)

[Self-assembly drink diary](#)

Resources for schools- [Drinkaware for Education](#)

Drink Driving – Department of Transport -

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=9535c87e-5838-4228-8e34-30e2e6dd743c>

To order you will need to register with the Department of Transport -

<https://public.shop.dft.gov.uk/register>

Department of Health Publications

The following can be downloaded or ordered from

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf or from order line 0300 123 1002:

Alcohol Effects Poster Female

DH Product Code: ALCFEPO0210

Alcohol Effects Poster Male

DH Product Code: ALCMAPO0210

Healthy Habits for baby and you - A3 poster bundle (Pack containing 6 individual posters with helpful advice for pregnant women, looking at healthy eating, activity and exercise, supplements, stopping smoking and drinking alcohol. Pack contains 1 x C4L282, C4L283, C4L284, C4L285, C4L286 and C4L287)

DH Product Code: C4L288

Cancer

Macmillan Cancer Information

<http://be.macmillan.org.uk/be/s-4-order-information.aspx>

Cancer Research UK Information

<https://www.cancerresearchuk.org>

[Ordering leaflets from the Department of Health](#)

If you would like hard copies of any of the leaflets available please make a note of the product code and order via the telephone number 0300 1231002 or [internet orderline](#).

Bowel Cancer Screening Publications

<http://www.cancerscreening.nhs.uk/bowel/publications/information-leaflets.html>

Breast Screening Publications

<http://www.cancerscreening.nhs.uk/breastscreen/publications/reviews-leaflets.html>

Cervical Screening Publications

<http://www.cancerscreening.nhs.uk/cervical/publications/reviews-leaflets.html>

Child Health

Eating for Breastfeeding

Vitamin supplements and you

https://www.orderline.dh.gov.uk/ecom_dh/public/saleproduct.jsf?catalogueCode=2903777

Free to download leaflets from <https://www.milk.co.uk/pregnancybreastfeeding/>

All Dairy Council Leaflets are available free of charge and can be downloaded or ordered in hard copy via the website <http://www.milk.co.uk/publications/default.aspx>

Department of Health Publications

The following can be ordered via the Department of Health Orderline

http://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Guide to bottle feeding

Product code: 2903779

Start4Life - Double sided empty belly poster

Product Code: C4L262

Healthy Start Resources

<https://www.healthystart.nhs.uk/for-health-professionals/healthy-start-resources/>

Contraception

Family Planning Association Contraception Leaflets -

<http://www.fpa.org.uk/professionals/publicationsandresources/healthprofessionals/contraceptivemethods>

FPA [contraception booklets](#) and [sexually transmitted infection booklets](#) are free to download or can be ordered in multiples of 50.

Is everybody doing it? your guide to contraception booklet

FPA

<https://www.fpa.org.uk/product/everybody-doing-it-your-guide-contraception>

Drugs

Drug Driving – Department of Transport

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=2d53f643-3d30-4f55-aa29-fc288c68e5be>

To order you will need to register with the Department of Transport -

<https://public.shop.dft.gov.uk/register>

<https://www.gov.uk/government/publications/frank-posters>

Coke poster

Legal high postcard

Meow Meow poster

Skunk poster

These posters are part of the most recent FRANK campaign and are available to order. Please email the [FRANK team](#) to request an order form.

[Free leaflets](#) are also downloadable on GOV.UK.

General Health (Adults)

Arthritis Information Leaflets – available to order hard copies free of charge via the website

<http://www.arthritisresearchuk.org/system/product-search-results.aspx?type=p&keywords=arthritis>

Healthy Eating

Bump to baby

Tummies to mummies

Baby nosh

Tiny tums
Baby's first foods
Menu ideas for the 1-5's
And more...

All Dairy Council Leaflets are available free download or ordered in hard copy via the website
<http://www.milk.co.uk/publications/default.aspx>

Immunisation

A selection of immunisation information leaflets are available from:

https://www.orderline.dh.gov.uk/ecom_dh/public/saleproducts.jsf

Some of these are available to download or order via 0300 123 1002

Order code-	Titles
3208361-	LEAFLET TO EXPLAIN THE USE OF LIMITED UNLICENSED BCG VACCINE
3219250-	MMR VACCINE WHICH HELPS PROTECT AGAINST ALL THREE A5 1
2901251-	5 REASONS To Vaccinate Your Child Poster April 2017 Version
2901236-	A quick guide to childhood immunisations for the parents of premature babies
2904219-	A three-minute guide to protecting your baby against meningitis and septicaemia.
3248960-	All about flu and how to stop getting it, easy read version for children, 2017
2904202-	All about flu and how to stop getting it- leaflet for people with learning difficulties
2902127-	Babies born up to and including 31 July 2017.
31995799B-	Childhood immunisation: quick guide for parents of premature babies
3084383-	Fever? Think MenB vaccine A3 poster
3325595-	Have you had your MMR Leaflet
3204636-	HPV for MSM pilot leaflet
3204636B-	HPV vaccination pilot for MSM: Poster
403846-	If you could get pregnant - flyer
403847-	If you could get pregnant - poster
3191147-	Immunisation: Helps tp protect your baby when they need it
2902598-	Immunisations at secondary school - your questions answered

2902598B- Immunisations for young people

2902127B- Immunisations up to one year - Quick guide

3109328B- Immunisations up to one year of age. For babies born on or after 1 August 2017.

2016027- Immunising primary school children against flu 2017

2900076- Measles - Protect yourself, protect others

2901027- Measles: Don't let you child catch it flyer (for schools)

2900430- Measles: Don't let your child catch it - poster

2901026- Measles: Don't let your child catch it flyer (for GPs)

MENACWY002- MenACWY Vaccine poster A3

MENACWY001- MenACWY: school leaver flyer

2904568- MenC Flyer for parents and healthcare workers to explain the change to routine childhood vaccination programme.

2900508- Meningitis - don't ignore the signs leaflet

283253- Meningitis - don't ignore the signs poster

2904172- Meningitis and septicaemia A3 poster

2748622- Meningitis and septicaemia A3 poster

2904212- PHE Bounty Paracetamol Leaflet

3205760- PHE young peoples MMR leaflet.

3197560B- Pre-school vaccinations: guide to vaccinations from 2 - 5 years

2903655- Pregnancy: How to help protect you and your baby

2942856- Protect against shingles - for people aged 70,78 or 79

2904173- Protect yourself against meningitis and septicaemia

2748602- Protect yourself against meningitis and septicaemia leaflet for students entering university.

3084390- Protecting your baby against meningitis and septicaemia A3 poster.

2904220- Protecting your baby against meningitis and septicaemia caused by meningococcal group B bacteria.

290110- Protecting your baby against rotavirus - factsheet

- 290111- Protecting your baby against rotavirus - flyer
- 290112- Protecting your baby against rotavirus - leaflet
- 2902552- Protecting your child against Flu leaflet 2017 version
- 2942856C- Shingles vaccination postcard
- 407841- Splenectomy: Information for patients and patient card

- 3177635- TB - Tuberculosis - the disease, its treatment and prevention. Revised leaflet to include up to date information on TB.
- 283291- TB is Curable - Early diagnosis postcard
- 2900192- TB, BCG vaccine and your baby
- 3079111B- The Flu Vaccination Leaflet - Winter 2017/2018
- 3207737- Think measles Call ahead A3 poster.
- 3205852- Think measles HCW isolate A3 poster. This poster is suitable for GP surgeries, clinics, hospitals and accident and emergency departments.
- 14423- Thinking of getting pregnant? Leaflet.
- 3083756- Using paracetamol leaflet
- 2748337- What to expect after vaccinations.
- 3235344- Whooping Cough and Pregnancy A5 booklet 8pp *UPDATED VERSION AVAILABLE SHORTLY, BACK ORDERS STILL BEING TAKEN*
- 5246393- Whooping cough and pregnancy poster
- 2942856B- Who's eligible for shingles vaccination? Poster

Mental Health

Mind.org.uk offer leaflets and booklets- some that can be downloaded for free and some that are charged for multiples of 50 +

Visit <https://shop.mind.org.uk/shop/booklets> to view the range available.

Miscellaneous

Safety and Hygiene Publications from Food Standards Agency

<http://www.food.gov.uk/aboutus/publications/safetyandhygiene/>

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

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Older People

Age UK Information Guide and Factsheets freely available to download

<http://www.ageuk.org.uk/publications/age-uk-information-guides-and-factsheets/>

National Osteoporosis Society Leaflets and Poster about Osteoporosis and Bone Health

<http://nos.org.uk/publications>

Physical Activity

GOV.uk offer a range of physical activity guideline leaflets that are free to download:

<https://www.gov.uk/government/publications/uk-physical-activity-guidelines>

These new physical activity guidelines for all four UK home countries cover:

- early years
- children and young people
- adults
- older adults.

Pregnancy

Tummies to Mummies

Bump to baby

Dairy Council Leaflets available to download and order hard copies free of charge

<http://www.milk.co.uk/publications/default.aspx>

Eating whilst you are pregnant

Leaflets can be downloaded – to order hard copies please phone or e-mail – see website for details

<http://www.food.gov.uk/aboutus/publications/>

Pregnant and don't know what to do? A guide to your options

<http://www.fpa.org.uk/helpandadvice/unplannedpregnancy/pregnantanddontknowwhattodo>

Department of health publications offer the following leaflets that are available to download from

https://www.orderline.dh.gov.uk/ecom_dh/public/saleproducts.jsf

<u>Order code</u>	<u>Title</u>
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2904304-	Healthy Habits for baby and you – booklet
C4L262-	Start4Life - Double sided empty belly poster
403846-	If you could get pregnant – flyer
403847-	If you could get pregnant – poster
2903655-	Pregnancy: How to help protect you and your baby
3235344-	Whooping Cough and Pregnancy A5 booklet 8pp *UPDATED VERSION AVAILABLE SHORTLY, BACK ORDERS STILL BEING TAKEN*
5246393-	Whooping cough and pregnancy poster

Sexual Health

Family Planning Association Sexual Health Leaflets -

<http://www.fpa.org.uk/professionals/publicationsandresources/healthprofessionals/sexuallytransmittedinfections>

FPA [contraception booklets](#) and [sexually transmitted infection booklets](#) available to order email allocations@fpa.org.uk and tell us how many booklets you want, remembering to order them in multiples of 50 copies. Please include the delivery address.

NHS printed leaflets and resources

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Smoking

Stop Smoking Resources

http://smokefree.nhs.uk/resources/resources/product-list/?page=browse_all_hp order or download for free.

Specific Conditions

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Sun Protection

HSE.org.uk offer a range of free information leaflets:

<http://www.hse.gov.uk/skin/professional/publications.htm>

Teenage Health

Get healthy feel great

All Dairy Council Leaflets are available free of charge and can be downloaded or ordered in hard copy via the website <http://www.milk.co.uk/publications/default.aspx>

Weight Management

Department of Health Leaflets

The Department of Health (DH) produces a range of leaflets and posters on all aspects of health which are available free of charge and supplied in bulk without carriage costs.

You will need to register to order print copies of the leaflets online or you can telephone the orderline.

All leaflets and posters have a leaflet code which must be quoted when ordering. Not all leaflets are available on the online ordering system if you cannot find the leaflet you are looking for please telephone the DH orderline on 0300 123 1002 with the product code.

Most of the leaflets are available to download from the Department of Health website.

Ordering information:

DH Orderline https://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

Telephone: 0300 123 1002

Why your child's weight matters

Product Code: 2903793

Women's Health

Breast Screening Publications

<http://www.cancerscreening.nhs.uk/breastscreen/publications/reviews-leaflets.html>

Cervical Screening Publications

<http://www.cancerscreening.nhs.uk/cervical/publications/reviews-leaflets.html>

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