

## Adult Social Care Workforce

### Course Title

Dementia Awareness Training

### Course overview

This full day course aims to raise carers' understanding of dementia, what dementia is, what the common signs and symptoms are, and how this condition progresses.

Learners will examine ways of supporting individuals with dementia in a person centred way, whilst being aware that every individual's experience of dementia is unique to them.

### Who should attend?

This course is aimed at anyone who supports individuals with dementia and is seeking to gain an understanding of what dementia is and how they can support people effectively.

### What will I learn?

Learners will:

- ✓ Be able to describe what dementia is
- ✓ Be able to identify the likely signs and symptoms of dementia and how it progresses
- ✓ Be able to explain why every individual's experience of dementia is unique and provide care appropriately
- ✓ Be able to describe the importance of working in a person centred way
- ✓ Gain an understanding of, and be able to explain, how to improve communication with an individual with dementia and thereby be able to understand how they are feeling, and their needs and preferences
- ✓ Support individuals with dementia to maintain their skills and abilities for as long as possible
- ✓ Be able to enable individuals with dementia to feel valued and maintain a sense of well being

### What will it cover?

- ✓ This course will look at the physical effects of dementia on the different areas of the brain
- ✓ Explain how dementia is categorised into stages
- ✓ Kitwood's theory and how this can be applied
- ✓ Participants will examine the effects of different factors on the abilities of an individual with dementia
- ✓ Analysis of ways of supporting individuals with dementia to maintain their skills and abilities for as long as possible
- ✓ The use of scenarios to demonstrate how knowledge gained can enable carers to support individuals with dementia appropriately.

### Duration:

This is a one day course.

### Minimum number of delegates:

6

### Maximum number of delegates:

15